
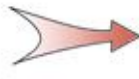



## A Biodynamic Cup of Chamomile Tea Starts with Compost & Healthy Soil

- Key:**
-  Biodynamic 'closed loop' growing cycle: how everything interconnects
  -  Biodynamic essentials
  -  Sustainability: recycling with zero waste and giving back to nature

**(i)** Biodynamic preparations (BD preps) are a set of 9 natural remedies, unique to biodynamics, and are an essential tool kit for a biodynamic gardener. Discover all about them here:

[www.biodynamic.org.uk/discover/#bd-preps](http://www.biodynamic.org.uk/discover/#bd-preps)