

## Snow and hoarfrost due, a gift to plant growth

This morning I saw one of the most beautiful hoar frosts in a long time. And it inspired me to reflect on the way it comes about and how it might make the plants grow stronger.

Maybe you'd like to contemplate with me for a moment, how these forms come about on the leaves of plants or other surfaces and how this benefits plant growth?

Most people probably assume that plants only grow thanks to the fertilisers we put into the ground, either as artificial or organic fertilisers.

Yet there is more to the story than just this crude way of reductionist thinking.

Farmers used to say that 'a year with snow is a year blessed by high yields of crops'. Others say that 'hoarfrost and the dew are equally rich fertilizers'.

To understand these sayings, we need to learn how snow, rain drops and hailstones form in the upper atmosphere of the stratosphere. If we were up in the higher altitude, where clouds form, we could observe that all water molecules are attracted to minute dust particles, which then precipitate to the Earth. Most of these dust particles are from meteor showers, about 1 million tons/year, some particles come from dust storms and a minute amount comes from human pollutants.

So just imagine for a moment how these dust particles laden with moisture, descend as snow, rain or hail, fertilizing the plants and the soil with stardust.

These water molecules are not just laden with dust but also are charged with cosmic light and structure. When we observe snowflakes they descend to the Earth, we can witness how they are energised by spiralling down to the earth. This can be true for rain as for snowfall.

In the case of hoarfrost these dust-laden water molecules descend slowly during the night to the Earth and as the air is below freezing temperature they form on the surfaces of living plants and also dead surfaces. They form two-dimensional ice flowers on windows, cars and other surfaces or even 3 dimensional ice flowers on living plants, which we crudely call hoar frost.

The information carried directly by the cosmic dust and descending onto the plants from above and the substances transformed by the micro-organisms and nourishing the plants from below meet in the leaves. And create with the cosmic nutrition stream and the individual expression of each plant, distinct frost formations, each is different from the other, look carefully and you will see.

We can simulate this occurrence by foliar spray applications made with the fermentation of stinging nettles or comfrey. That way growth is stimulated from the air environment, rather than just by nutrients that come from the soil.

It really is a miracle, the way plants grow from the soil up and from the cosmos down.

Reductionist, logical thinking can never grasp the secrets of all these processes. Only knowledge obtained from observation and research into the whole living processes working between the Cosmos and the Earth will reveal to us eventually how it all works together.

This was the great gift Dr Rudolf Steiner and other scientists and artists like Goethe were capable of observing through 'Goethean Observation' and by their capacity of clear thinking, imagination and intuition. It's an approach of rediscovering nature with enlivened thinking, rather than only adopting the more narrowly defined scientific approach that prevails today.

Make this a year of discoveries and sharing.

Thanks for being on our platform and collaborating in this journey together.

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"The whole is more than the sum of its parts"

ARISTOTLE

"Let food be thy medicine and medicine be thy food"

HIPPOCRATES





