

# Seed sowing experiment

MARK MOODIE

**Would anyone like to join in an experiment in the spring? Everyone! Great. The more the merrier.**

## Here's what we have in mind.

Take a pack of seeds – ideally an open-pollinated organic or biodynamic pack of non-hybrid seeds.

Divide the seeds into piles of approximately equal numbers. For simplicity let us say two piles of half the number of seeds, but it could as easily be, say, 6 piles each with a sixth of the contents of the packet.

Prepare two (or six) beds or trays so they are as equal as you can make them. Use soil/compost from the same source, equal moisture and temperature and access to light. Check your calendars or use the table below and sow half of those seeds 3 days before a full moon. (If you start in June 2026, 3 days before the full moon would be June 27th.) About two weeks later/earlier, 3 days before the new moon (July 11th or June 12th), sow the remaining seeds. Time will have passed so some parameters will be hard to control –

but do the best you can. (If you made 6 piles of seeds you can continue this for another 2 months!)

Then note down any observations: size, colour, aroma, germination rate, time until emergence, health and taste. Anything and everything you notice.

This should be an interesting experience, and I hope it is enjoyable and instructive for you.

Your experience becomes more valuable if it is shared and I would urge you to do this – whether or not something was striking.

The simplest way to share would be to copy your notes to [office@biodynamic.org.uk](mailto:office@biodynamic.org.uk). If you don't like to use computers then you could send your observations to the office:

**The Biodynamic Association  
Open House  
Gloucester Street  
Stroud GL5 1QG**

We intend to remind readers of this at any given opportunity such as the spring edition of *Star and Furrow*, and we will share our own results and those results that come in from readers when they can be compiled. I hope you enjoy the process.

Mark Moodie is the Charity Manager at the Biodynamic Association.

**Here are the dates in the UK for 2026.**



Full Moon		
3 Jan	Sat	10:00
1 Feb	Sun	22:00
3 Mar	Tue	11:00
2 Apr	Thu	03:00
1 May	Fri	18:00
31 May	Sun	09:00
30 Jun	Tue	01:00
29 Jul	Wed	15:00
28 Aug	Fri	05:00
26 Sep	Sat	18:00
26 Oct	Mon	04:00
24 Nov	Tue	15:00
24 Dec	Thu	01:00

New Moon		
18 Jan	Sun	20:00
17 Feb	Tue	12:00
19 Mar	Thu	01:00
17 Apr	Fri	13:00
16 May	Sat	21:00
15 Jun	Mon	04:00
14 Jul	Tue	10:00
12 Aug	Wed	18:00
11 Sep	Fri	04:00
10 Oct	Sat	16:00
9 Nov	Mon	07:00
9 Dec	Wed	02:00