

Grey Days and the Easter Weekend

How has your year been for you and your garden so far?

I hear from my online participants from Britain and Ireland that it has been a very slow start or even a non-starter unless they had a greenhouse or protected space to start plants in.

Even though London is usually 5 degrees warmer than the countryside around in the Southeast, gardeners in London are holding back with their first outdoor sowing.

After all the heavy rains throughout autumn and winter the soils are very cold and sluggish and if you have a heavier soil it is recommendable to cultivate and aerate your soil well this spring to allow the drying and weathering effect of extreme cold temperatures at night and the hot sun in.

So, as you can see, if you haven't started with your garden, nothing is lost.

If you have been using the Maria Thun Biodynamic Calendar or the Grow Your Own Health Calendar of the Wholistic Living University you might have noticed that Good Friday and Easter Saturday are shown up as not favourable to work with plants and the soil.

You might ask yourself why would it be detrimental to work on these two days in your garden environment?

I suggest you can choose two approaches to these indications.

One would be to take more of an inward approach and accompany the Earth and Plants with a more meditative state to support nature at this time, when the life body (memory body) of the Earth remembers the crucifixion of Jesus of Nazareth (Jesus Christ) even the day of the entombment, when Christ was clearing the evil from the centre of the Earth and redeeming humanities sins. This could be considered a day of mourning and of trauma for the whole Earth.

Now I do believe, as you probably agree that this is more of a memory held and honoured in the human psyche than actually a moment in time that it could also be handled in the opposite way.

So, the other way would be to actually assist and support the release of this trauma of the earth and human memories by working with the life body of the Earth, through the biodynamic preparations and our consciousness of the Risen Christ and the Second Coming of Christ in the Etheric realm.

Other instances when it is generally recommended not to work in the garden and which are indicated as grey days in the Calendar are:

- Moon at Perigee, which inhibits germination and vegetative growth in my experience and Maria Thun's research.
- Moon or any other planet crossing the ecliptic of the sun.

This is called the Node or Dragon Point, where potentially an eclipse of the planet or the sun could occur. This seems to inhibit growth and germination and therefore are to be avoided for work in the garden.

In regard to the planetary nodes and perigee you could take the same stance and be working in the garden with a healing consciousness to counteract the detrimental forces on those occasions.

I have been experimenting with this approach in courses and workshops with people with very good results.

I am looking forward to hearing from you which approach you would take?

I wish you a Happy Easter and Gardening,

Hans-Günther

For online and in person courses and workshops on biodynamic gardening and more visit <https://whlu.org/>